

*Hola, Costa Rica*



*welcomes you with*

*Guaria Moradas*

**Day 1 Sun, May. 1, 2022** Arriving into San Jose – SJO

**Private Transfer:** Alajuela - SJO Airport to Arenal (Arenal Springs Resort and Spa) <https://hotelarenal.spring.com/>

Check in: Sun, May. 1, 2022

Check out: Wed, May. 4, 2022



Enjoy authentic Costa Rican charm and thermal hot springs at the Arenal Springs Resort and Spa of La Fortuna. Located across from the majestic Arenal Volcano, this highly rated eco-resort delivers incredible views, lush tropical gardens, and private hot springs exclusively to their guests. Resort amenities include thermal hot springs, spa, swimming pool, Jacuzzi, lounge chairs, sun deck, restaurant, pizza bar, sushi bar, Wi-Fi internet access in some public areas, yoga platform and a conference room. As an additional treat if you book your vacation through us, the Arenal Springs Resort offers a special 15% discount per person on their Spa treatments.

**Day 2 Mon, May. 2, 2022**

## Arenal Hanging Bridges



The Mistico Arenal Hanging Bridges offer an amazing glimpse into the canopy of the rainforest! The hike includes terrestrial trails and bridges through the tree tops allowing you to view the forest from all perspectives. In addition to learning about the jungle, you **may** also be fortunate enough to see wild animals such as monkeys, sloths, toucans, or iguanas. Wildlife observation is not guaranteed on this tour but often occurs and your guide will be ready with a spotting scope should animals decide to make an appearance.

All of the 15 bridges vary in height and length and provide an interesting way to observe the rainforest canopy.

It is important to mention that open sandals or shoes are NOT permitted on this tour. This fun filled half day tour includes guides, transportation, and entrance to the private reserve.

### **Day 3 Tue, May.3, 2022**

#### Sloth Tour



Today you'll be chauffeured in an air-conditioned van making many stops to see sloths, Toucans and other interesting birds, iguanas, and tropical frogs.

The wildlife will be visible with just a short walk from the van making this a perfect tour for seniors and children. Your certified guide will set up a high-powered spotting scope for up-close viewing with an adaptor that can allow you to attach your camera for taking photos through the scope. You'll stop to eat at Arenal Oasis and Wildlife Refuge surrounded by bird feeders.

You will have the option to take a short 20-minute hike while at the Refuge then you will be driven back to your lodging. The tour includes a bilingual guide, admission fee, bottled water, breakfast or afternoon snack, plus transportation to and from your hotel in Arenal/La Fortuna. The combined time of the tour is about 3 hours depending on your pick up location.

**Manuel Antonio** - Gorgeous jungle-lined beaches and vibrant sunsets...

**Day 4 Wed, May. 4, 2022**

**Private Transfer:** Arenal Springs Resort to Manuel Antonio (The Shana Hotel)

**The Shana Hotel :** <https://www.shanabythebeach.com/>

**Check in:** Wed, May. 4, 2022

**Check out:** Sun, May. 8, 2022



The Shana Hotel is a modern boutique style hotel located in the rolling hillsides of Manuel Antonio, Costa Rica. These hillsides are home to the elegant resorts of the area, making Shana one of the most supreme hotels in the area. The hotel is known for combining excellent service with elegant decor, ultimately achieving a tropical atmosphere. Resort amenities include ocean view restaurant and infinity swimming pool bar and lounge, Jacuzzi, in room internet, and tropical gardens. Also, Shana maintains a trail down the steep hillside to the stunning, Biesanz Beach, which guests can enjoy visiting for day trips to soak in the sun and go swimming in the calm surf. While at The Shana Hotel, you will enjoy jungle facing rooms

**Day 5 Thu, May. 5, 2022**

Manuel Antonio National Park



Manuel Antonio National Park is loaded with wildlife such as sloths, monkeys, toucans, and parrots. Your bilingual naturalist guide will lead the way down forest paths and a new boardwalk, pointing out an abundance of flora and fauna. Regulations restrict bringing food into the park, and you may only bring water in with a reusable bottle. However, there is a new small food kiosk inside the park and water bottle refill stations. This tour includes the park entrance fee, bilingual guide, and transportation. Note: This tour operator has improved wait conditions at the start of the tour during peak season, although it cannot regulate park administrated delays. Depending on the distance from Manuel Antonio to your lodging, shuttle transportation may take from 15 minutes to an hour and a half.

*According to Manuel Antonio National Park's internal regulations, it is mandatory to provide the following information: full name, date of birth, nationality and valid passport number. Please be sure to provide this information when requesting this service.*

## **Day 6 Fri, May. 6, 2022**

### Catamaran Cruise - Planet Dolphin



The Catamaran Cruise is a great way to observe tropical islands, and the beautiful Pacific coastline! After cruising along and taking in the scenery we will stop to snorkel. You may spot whales, or dolphins. This half day excursion includes transportation, drinks and **a meal**.

## **Day 7 Sat, May. 7, 2022**



Free Day – Relax and enjoy the tropical sun on the Biesanz Beach, Manuel Antonio.

**Day 8 Sun, May. 8, 2022:** Time to say Good bye..

Manuel Antonio (The Shana Hotel) to Alajuela - SJO Airport

It takes 3 and ½ hours to the airport so choose an afternoon flight.



**Highlights of the Tour:**

- Thermal hot springs at the Arenal Springs Resort and Spa of La Fortuna.
- The Mistico Arenal Hanging Bridges
- To see wildlife of Costa Rica in their natural habitat – Sloths, Toucans and other interesting birds, iguanas, and tropical frogs!
- Manuel Antonio National Park - The Park is well known for its beautiful beaches and hiking trails. In 2011, it was listed by [Forbes](#) as among the world's 12 most beautiful national parks.
- Shana by the Beach – Where the Ocean meets the Rainforest!

**Accommodation:**

Arenal Springs Resort and Spa: 3 nights including Breakfast

Shana by the Beach: 4 nights including Breakfast

Price: Double – USD1585 per person

Deposit of USD100 to be paid by 15 Jan 2021. Balance to be paid by March 5<sup>th</sup>

Note: If paying by Credit card there is a 3.5% surcharge

Option: USD Drafts payable to Centre Holidays Inc.